National Mobility Awareness Month Fact Sheet

Find your FIT

National Mobility Awareness Month (NMAM) is observed every May and was established by NMEDA in 2012. Now in its 14th year, NMAM is a nationwide campaign that promotes awareness, education, and support for people with disabilities, seniors, and veterans who want to live active, independent lives. From accessible transportation and vehicle modifications to adaptive technology and equipment, NMAM shines a light on the solutions that make everyday life more accessible and the people who make it all possible.

Adaptive mobility meets people where they are. For millions of Americans and Canadians, the right solution opens doors to greater freedom, connection, and opportunity. There are mobility options for every budget and every ability.

Mobility In The United States & Canada

- 21.7 million people in the United States and Canada live with mobility challenges.
- 1 in 4 people with a mobility disability in the U.S. is a veteran.
- 12.2% of U.S. adults have a mobility disability affecting their ability to walk or climb stairs.
- Nearly 18,000 new spinal cord injuries occur in the United States every year.
- Mobility challenges are the most common disability among older Americans.
- More than half of stroke survivors ages 65 and older experience changes in mobility following their stroke.
- 43.9% of adults ages 65 and older report at least one disability.
- 8 million Canadians identify as having one or more disabilities.

Our auto mobility experts can help find adaptive mobility equipment to get you safely on the road. One size does not fit all.

Find what fits at MobilityAwarenessMonth.com

NATIONAL MOBILITY EQUIPMENT DEALERS ASSOCIATION
3327 W. Bearss Avenue
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813.264.2697
www.mobilityawarenessmonth.com

NATIONAL MOBILITY AWARENESS MONTH By NMEDA

Sources Include: CDC, U.S. Census Bureau, The Miami Project, Canadian Survey on Disability, Family Caregiver Alliance, Bureau of Transportation Statistics

Transportation & Independence

- 18.6 million Americans live with a travel-limiting disability — and adaptive solutions exist to help them move more freely.
- Nearly two-thirds of adults with travel-limiting disabilities have reduced their day-to-day travel, highlighting the need for accessible transportation options.
- More than half of adults age 65 and older with travel-limiting disabilities stayed home on the day surveyed, underscoring the opportunity to expand access.
- 1 in 3 adults with disabilities currently relies on others for rides — adaptive vehicles offer a path to greater independence.
- 14.3% of working-age adults with disabilities live in zero-vehicle households, pointing to a significant and underserved population.
- When mobility barriers are addressed, the impact extends far beyond transportation — to employment, healthcare, and quality of life.

Why Adaptive Mobility Matters

Independence is about more than getting from point A to point B. For people with disabilities, seniors, and veterans, access to reliable, adaptive transportation is directly tied to employment, healthcare, social connection, and quality of life. When the right mobility solution is in place, everything changes.

Awareness is the first step. Many people who could benefit from adaptive mobility solutions simply don't know they exist — or don't know where to start. National Mobility Awareness Month exists to change that. By elevating these stories, sharing resources, and spreading the word across communities, we can help more individuals and families discover the freedom that adaptive mobility makes possible.

The Population We Serve

- Over 70 million adults in the United States live with a disability.
- 28.7% of U.S. adults have some type of disability.
- Caregivers spend an average of 24 hours per week supporting their loved ones — adaptive mobility solutions can ease that load.
- Greater transportation access is directly linked to higher employment rates among adults with disabilities, creating real economic opportunity.
- Personal vehicle access is especially meaningful for the millions of Americans with disabilities living in rural communities, where public transit options are limited.

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